



Physical Activity Clinical Champions (PACC) Training

Free training for healthcare professionals

What is it?

PACC training is FREE peer-to-peer learning to support healthcare professionals have more effective conversations about physical activity with service users.

25,000 healthcare professionals trained so far.
91% would recommend the training.

How does it work?

- Get in touch to book in free training at a time that suits your team
- The training can be between 1-3 hours online or face-to-face
- Can organise and offer multiple dates
- Ideally a minimum of 12 attendees needed

Benefits of the training

- > Improved confidence & knowledge of physical activity
- > Increased awareness of community assets
- > Access to evidence-based resources
- > Improved management and care
- > Reduction in NHS service demands

“I feel I can explain and share the positive impact of being active which has motivated service users to try new things”

PACC training also contributes to the RCGP Active Practice Charter

(see reverse)

Get in touch

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Find out more

