

GREATER MANCHESTER: CHILDREN AND YOUNG PEOPLE

THE PHYSICAL ACTIVITY AND SPORT PICTURE

2019

GREATERSPORT



Contents

1

Headline Statistics
Page 3

2

Programme Specific Data
Page 5

3

Primary School Sport Premium
Page 7

4

Children's Wellbeing
Page 8

5

Volunteering
Page 9

6

School of the Year
Page 10

7

Obesity Levels
Page 11

8

Join the Conversation
Page 12

Foreward

GreaterSport believes that physical activity and sport can have a huge impact on the lives of children and young people.

We have an ambition to make Greater Manchester the best place in England for children, young people and young adults to grow up.

The Greater Manchester Headteachers' Alliance are passionate and determined to see young people from across Greater Manchester achieve their full potential in school and life.

We believe that through engagement in physical activity, high quality PE and school sport opportunities, young people become competent and confident learners.



**YOUTH
SPORT
TRUST**

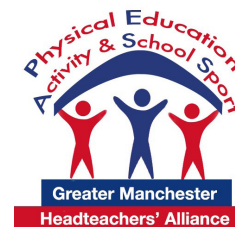
GMCA

**GREATER
MANCHESTER
COMBINED
AUTHORITY**

GREATERSPORT



**SPORT
ENGLAND**



Headline Children & Young People Statistics

Greater Manchester Overview

35.8%

Less Active

Do less than an average of 30 minutes a day.

24.3%

Fairly Active

Don't reach an average of 60 minutes per day.

23.4%

Active Across the Week

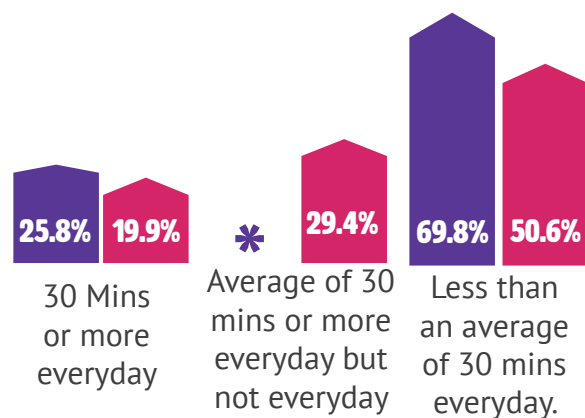
Do an average of 60 minutes or more a day but don't do 60 minutes every day.

16.5%

Active Every Day

Do 60 minutes or more every day.

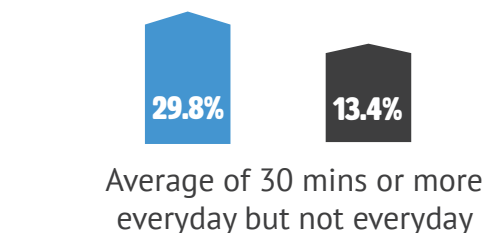
Activity Levels inside & outside school



Inside School
Outside School

* Not enough data to be significant.

Activity Indoors & Outdoors



Outside
Indoors

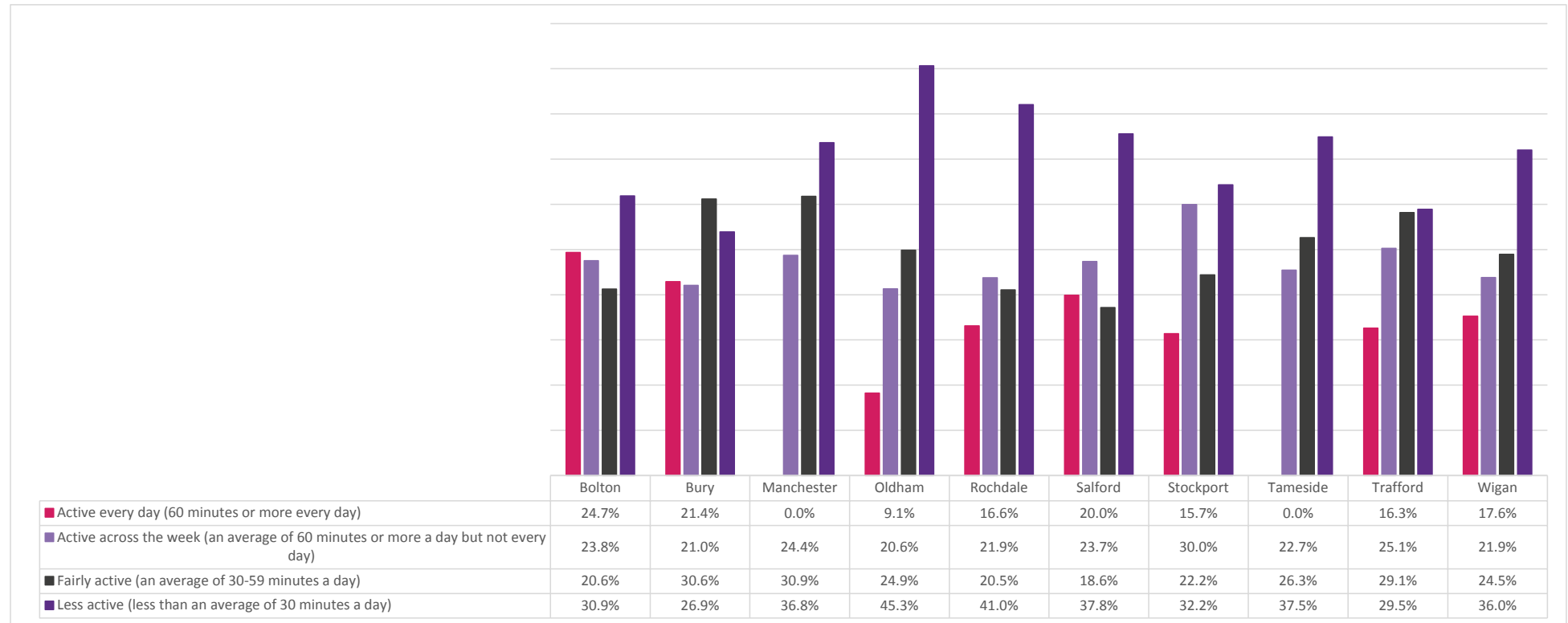
67.5%

School Readiness

Of children achieving "Good level" of development by age 5.

GM CYP Health and Wellbeing Framework.
2018

Borough Breakdown



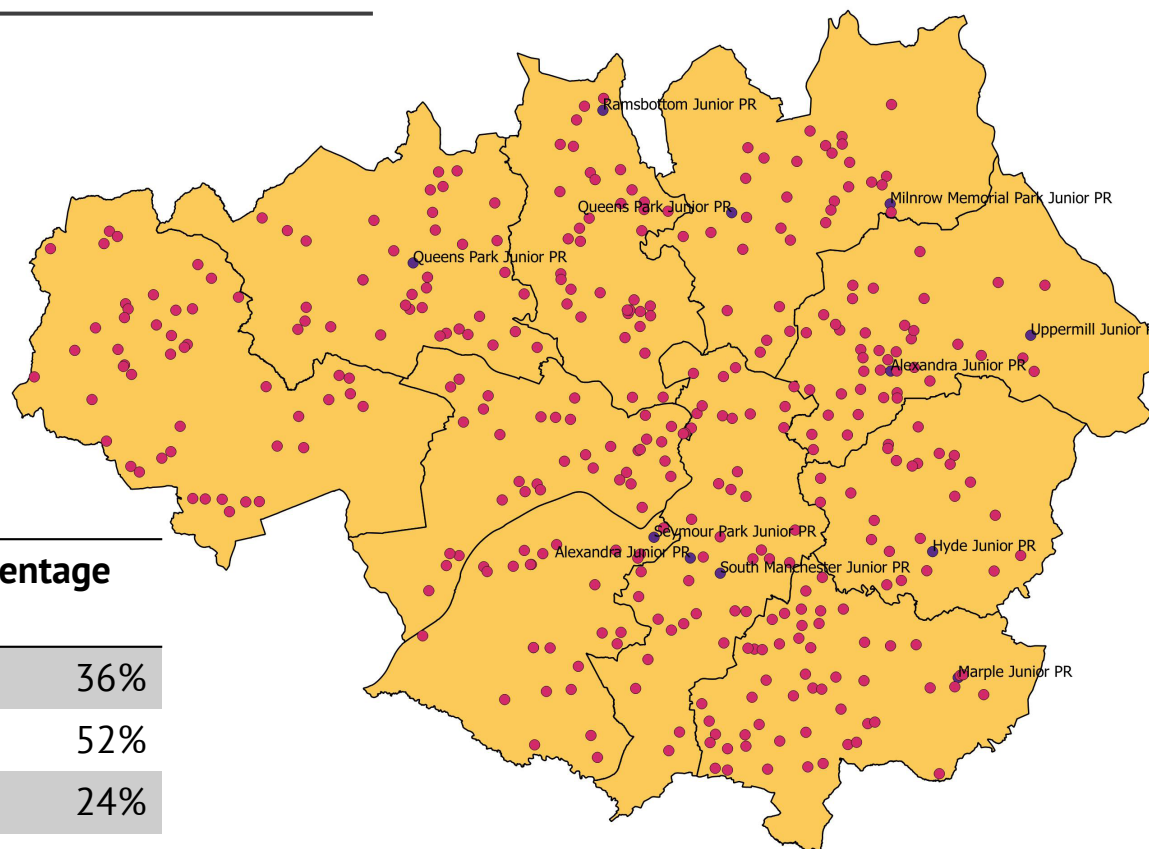
Programme Specific Data

Legend

- Daily Mile Schools
- Junior Parkruns

40%

of Primary schools have signed up to The Daily Mile™ so far.



Borough	Number of Primary Schools	Percentage
Bolton	36	36%
Bury	36	52%
Manchester	33	24%
Oldham	40	45%
Rochdale	30	43%
Salford	35	43%
Stockport	50	54%
Tameside	22	29%
Trafford	25	36%
Wigan	47	46%

Contact Details

GM Co-ordinator

Matt Domville: mattd@greatersport.co.uk

Northern Co-ordinator

Lauren Whaley: lauren@greatersport.co.uk

Programme Specific Data

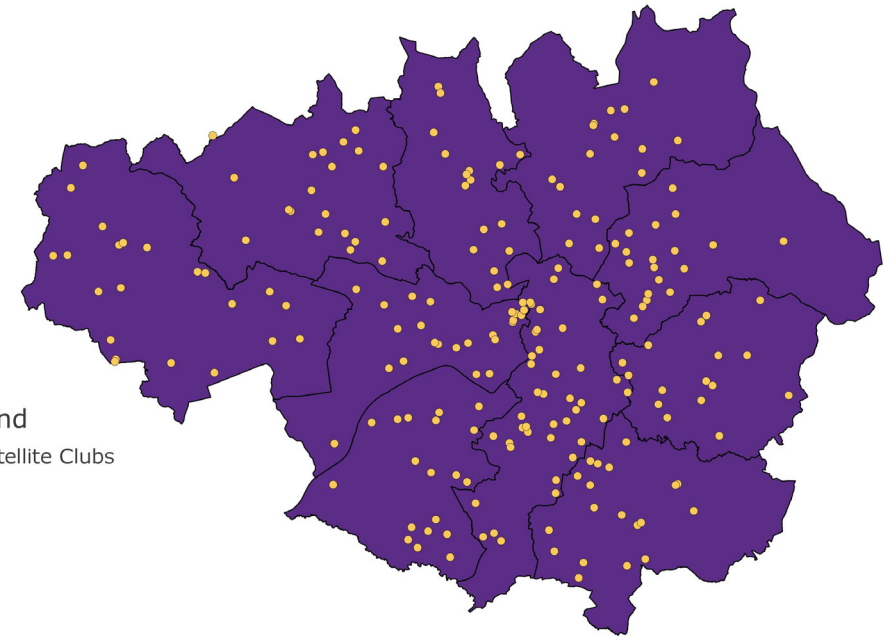
367

Sustained/ New Satellite Clubs
across Greater Manchester.

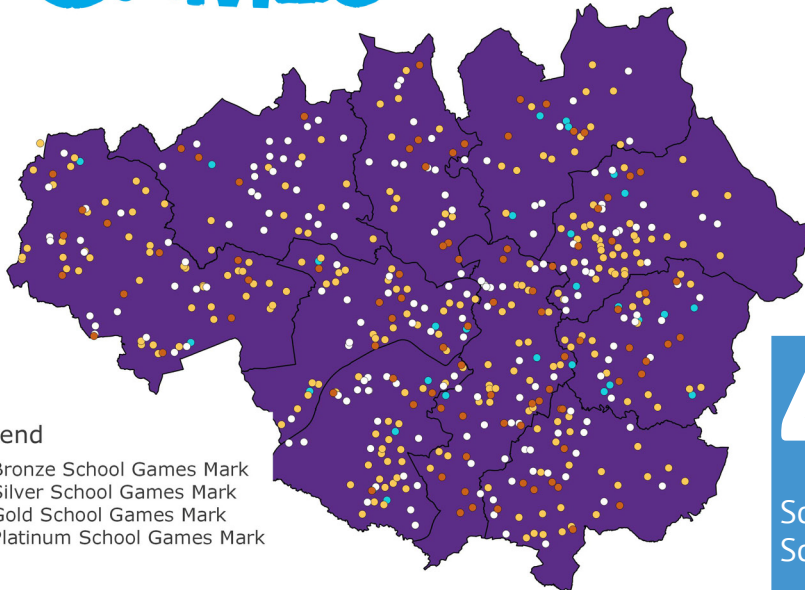
11,512

Young People have attended a
Satellite Club since 2012.

Satellite clubs are local sport and physical activity clubs for 14+ year olds that are designed around the needs of young people and provide them with positive, enjoyable experiences that make it easy for them to become active or to develop more regular activity habits.



**SCHOOL
GAMES**



6,303

Children and Young People took
part in County School Games
events last year.

132,014

Children and Young People took
part in Borough School Games
events last year.

402

Schools have activated their
School Games Accounts.

Contact Details

Satellite Clubs (Senior Officer Start & Develop Well)
Francesca Speakman: francesca@greatersport.co.uk
School Games (Development Officer CYP)
Jessica Simons: jess@greatersport.co.uk

Primary School Sport

£16.4 MILLION

£16.4 million was invested into GM, by the DfE in 2017/18.

Schools with 17 or more pupils received £16,000 plus £10 per head for each additional pupil.

Schools must use the funding to make additional and sustainable improvements to the quality of PE, Physical Activity and Sport.

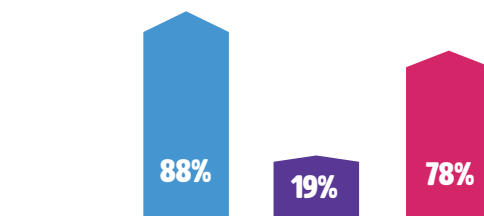
Engagement of Pupils in regular physical activity



Where the premium funding is being spent

- Swimming
- Extra Curricular Clubs

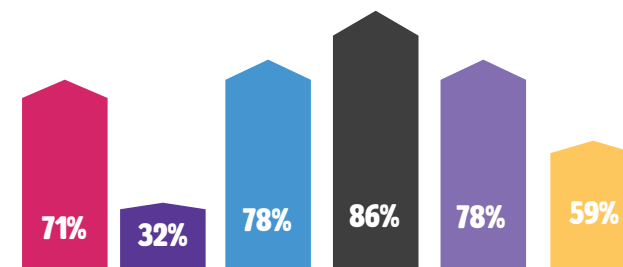
Increased confidence, knowledge and skills of all staff in teaching PE and sport



Where the premium funding is being spent

- Developing additional coaches
- Specialist teachers
- Professional Learning

Broader experience of a range of sports and activities offered to all pupils



Where the premium funding is being spent

- Health enhancing activities
- Inclusion
- Coaching
- Coaches after school
- Coaches curriculum delivery
- Coaches breaks/ lunchtimes

Other Primary Premium spending



Where the premium funding is being spent

- Facilities
- Equipment
- Transport
- Swimming
- Inclusion

72%

Of GM schools have up to date published information meeting grant conditions.

2,445

People in the professional workforce have received training.

82%

Of schools are investing in increasing participation in competitive sport.

GreaterSport is funded by Sport England to support Primary schools with spending. For more information contact: Francesca@greatersport.co.uk who will put you in contact with your local Primary School Sport Premium Lead.

Children's Wellbeing

MENTAL WELLBEING

84.3%

Of year 1-2 children said they felt happy today. (83% Eng)

7.3/10

Happiness score for Years 3-11 when asked how happy they felt yesterday. (7.1 Eng)

6.5/10

Score when years 7-11 were asked how satisfied they are with their life nowadays. (6.6 Eng)

6.7/10

Score when years 7-11 were asked if they find things in their life worthwhile. (6.7 Eng)

COMMUNITY DEVELOPMENT

79.4%

Of years 3-11 reported positive levels of social trust. (80% Eng)

20.6%

Of years 3-11 did not report positive levels of social trust. (20% Eng)



INDIVIDUAL DEVELOPMENT

89.3%

Of children in years 5-11 reported positive perceived self-efficacy. (90% Eng)

10.8%

Of children in years 5-11 did not report positive self-efficacy. (10% Eng)

Children & Young People

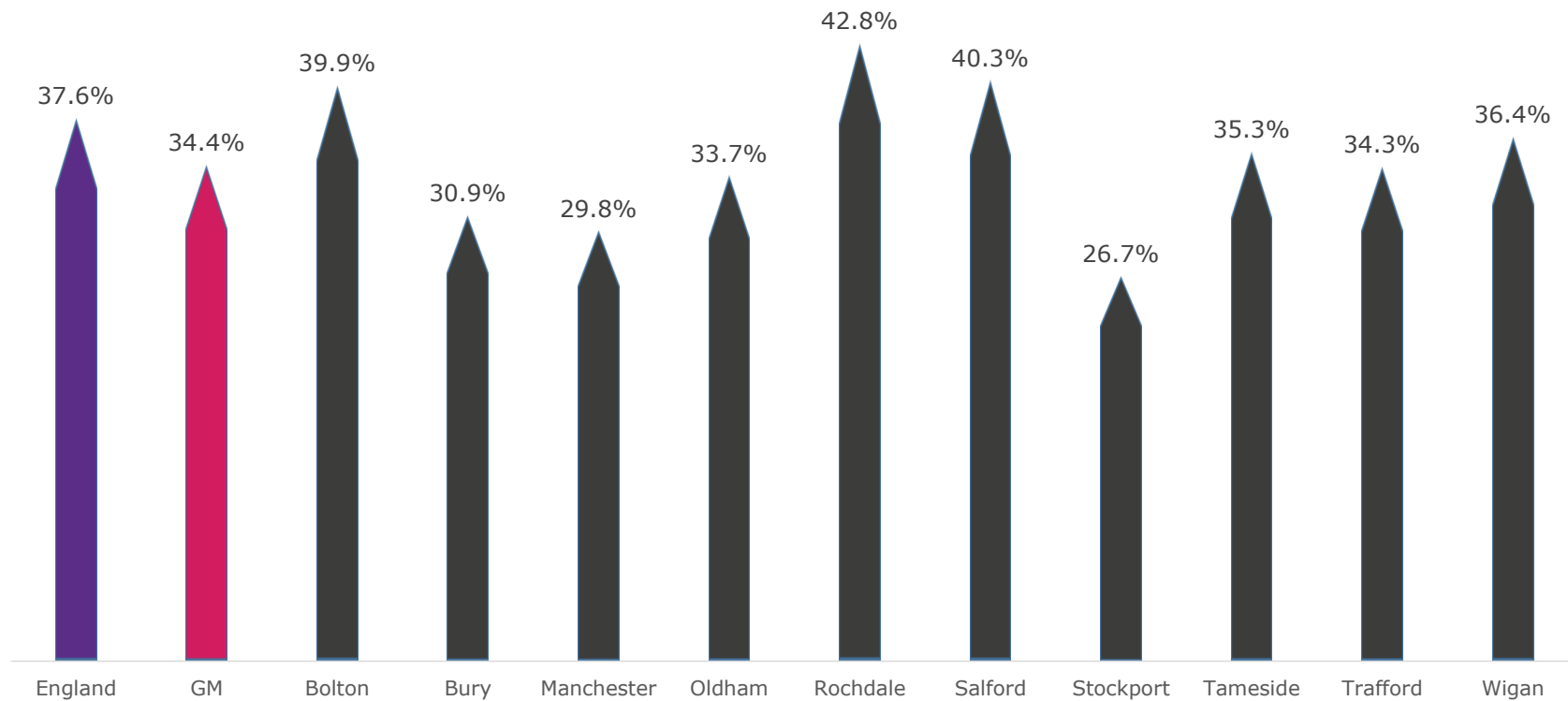
Active Lives Results 17-18

Volunteering

361

Young People were trained through DfE and the County School Games last year.

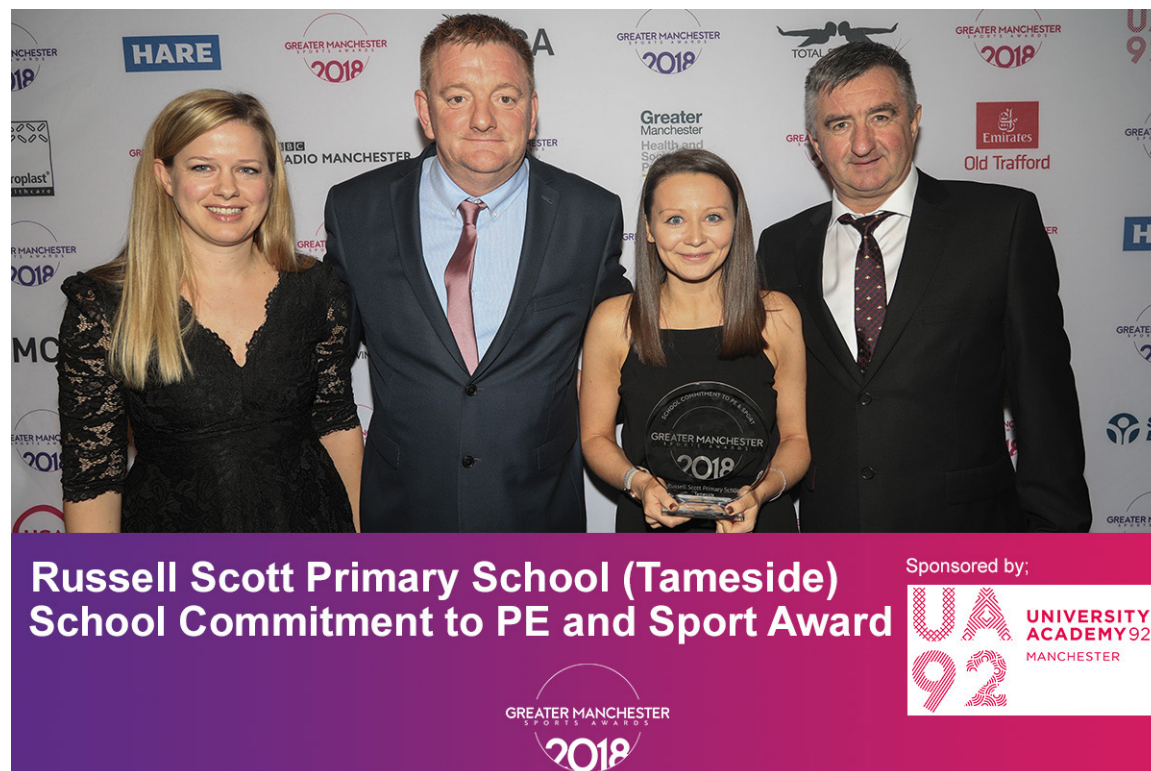
Volunteered at least twice in the last 12 months Years 5-11



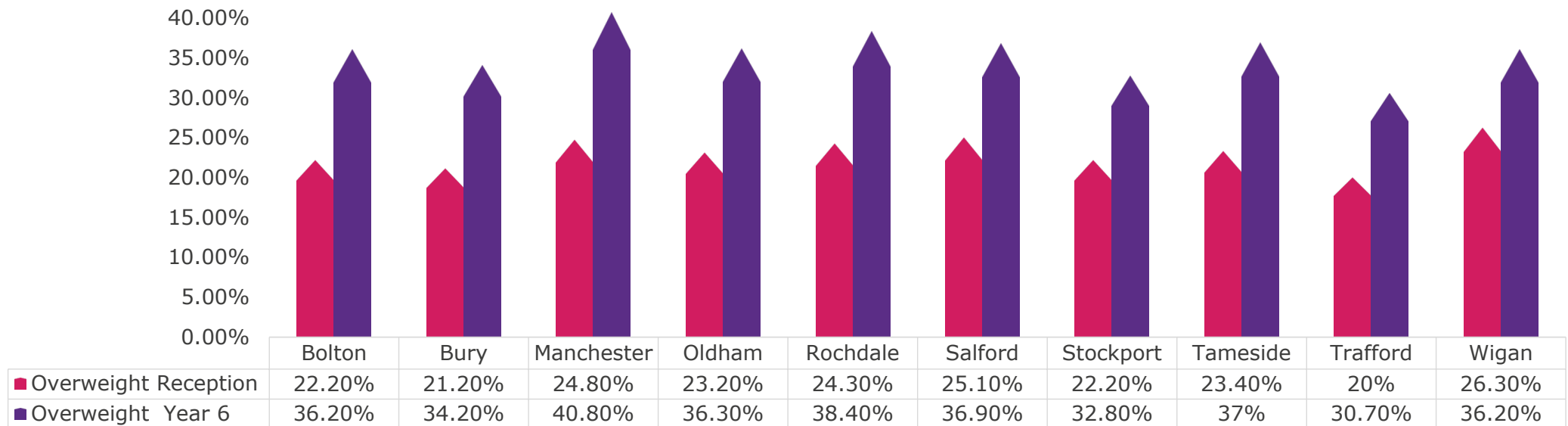
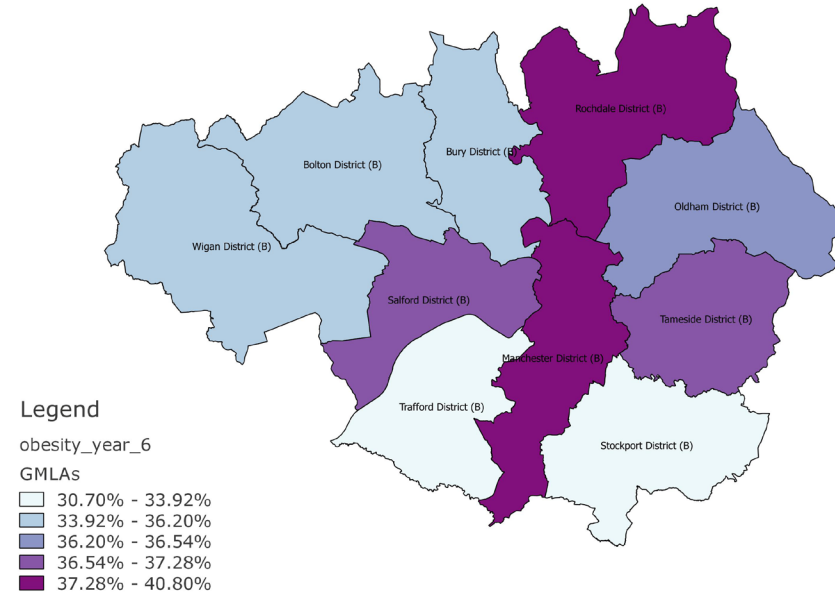
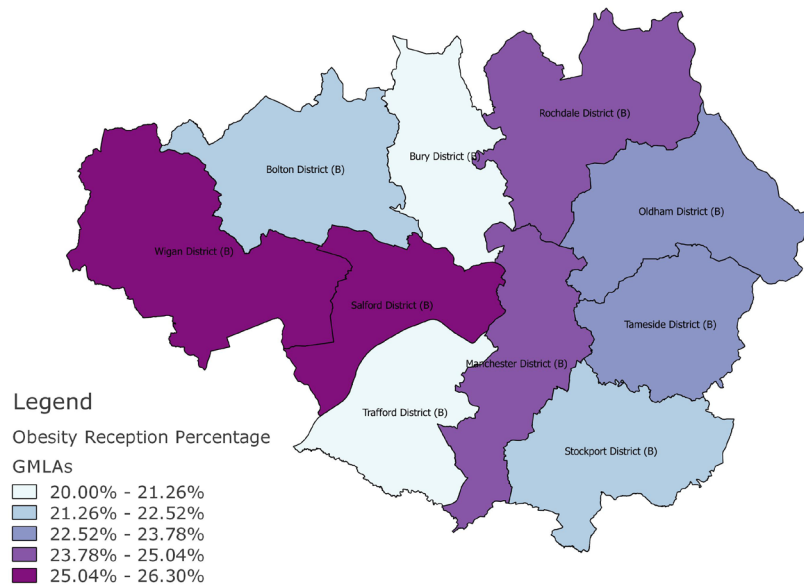
School of the Year - Case Study

Greater Manchester Commitment to PE and School Sport Award 2018 was awarded to Russell Scott Primary School in Tameside. Judges were particularly impressed with the whole school ethos to Physical Activity and Health. Below is some of the initiatives taking place in the award winning Primary School.

- Minimum of two hours of quality PE a week.
- Offer from traditional sports to yoga, tri golf, gymnastics, ultimate frisbee and parkour.
- The schools annual health week was given high prominence within the calendar and includes the School Games, a broad programme of cross-curricular events, involving children from nursery to year 6.
- School promotes healthy eating, having won the first gold in the Tameside Schools Food for Life Awards.
- Fruit and Vegetables are bought for every year group and stickers are given out to children when they make healthy choices.
- Daily Wake up and Shake up.
- Daily mile for all children and staff.
- Over 50% of children from years 1-6 are engaged in extra curricular sporting activities weekly.
- Clubs are free with 30% of attendees being recipients of pupil premium.
- School has attended over 20 sporting festivals.
- Every child in year 6 was given the chance to represent the school in at least one sport.
- School Games Mark Gold Award.
- Equipment for playtime and lunchtime to encourage active play, with reduction in behavioural incidents.
- Junior PCSO scheme, encouraging families to park away from School and walk and ran a clean air day with Andy Burnham's office.



Obesity Levels - Prevalance



Other Opportunities - Join the conversation

#GMACTIVESOLES

March 2019

Launch of the active soles initiative to encourage all schools to review their footwear policy and consider adapting to allow children to wear comfortable footwear and make it easier for young people to be active.

#GMDAILYMILE

End of March 2019 (date tbc)

1 Year Anniversary from GM announcing their commitment to becoming the first Daily Mile City Region.

October 2019 (DATE TBC)

Daily mile celebration - A day dedicated to the Daily Mile success in GM whilst encouraging other schools to join the programme.

#GMSCHOOLGAMES

19th March 2019 - Winter Games

7th June 2019 - GM Inclusion Games

26th June 2019 - Summer Games

Check the website for other branded events across the year.

#THISGIRLCAN

Sport England campaign, aiming to get more females involved in sport and activity. If you are putting sessions on for females in your school then you can apply to Sport England to include their logos on promo materials.

KEY DATES

- 4th - 10th February - Children's Mental Health Week
- 8th March - International Women's Day
- April - Launch of the 2019 GM Sports Awards - specific category for School Commitment to PE and Sport
- May - GM walking festival - opportunities outside of school with hundreds of family guided walks
- 20th - 24th May - Living Streets Walk to School Week
- 3rd - 7th June - Sustrans Bike to School Week
- 20th June - Clean Air Day
- 25th - 29th June - School Sport Week
- 31st July - Deadline for Premium Reporting
- 26th September - National Fitness Day
- November - GM Sports Awards
- December - 2nd Year of CYP Active Lives Data Announced

Schools are selected termly for Active Lives CYP survey selection. Please watch out for an email if your school is selected and support us in getting the best data possible by supporting your school to complete the survey.