

Headline Children & Young People Statistics

Bolton Overview

Academic Year 2018-2019
CYP Active Lives

Published December 2019

The second CYP Active Lives survey was published in December 2019 by Sport England and reflects data from the academic year 2018-19.



The recommendation for children & young people, aged 5 – 16 is to do a minimum of 60 minutes every day.



1 IN 4

Children have volunteered twice in the last 12 months

35.1%

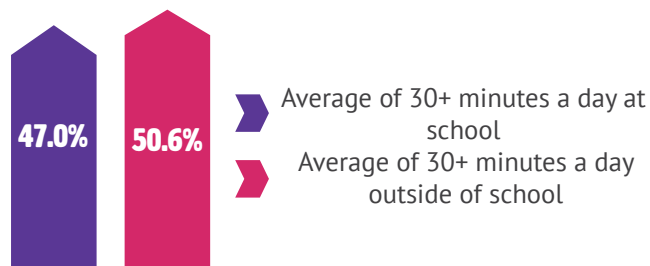
Overweight and obese
Of children classified as overweight or obese by year 6

National Child Measurement Programme data, 2018/2019

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The Chief Medical Officer recommends that children and young people should be active for 30 minutes at school and 30 minutes outside of school

6 IN 10 YOUNG PEOPLE DO LESS THAN AN AVERAGE OF 30+ MINUTES AT AND OUTSIDE SCHOOL

- 17.5% of children & young people in Bolton are achieving 60 minutes of physical activity every day, this is equivalent to 7,500 children & young people.
- 19,600 are averaging 60 minutes a day

67.3%

School Readiness

Of children achieving “Good level” of development by age 5

Public Health England Data, 2019

1 IN 2 YOUNG PEOPLE IN BOLTON ACHIEVE AN AVERAGE OF 30 MINUTES+ OUTSIDE OF SCHOOL