

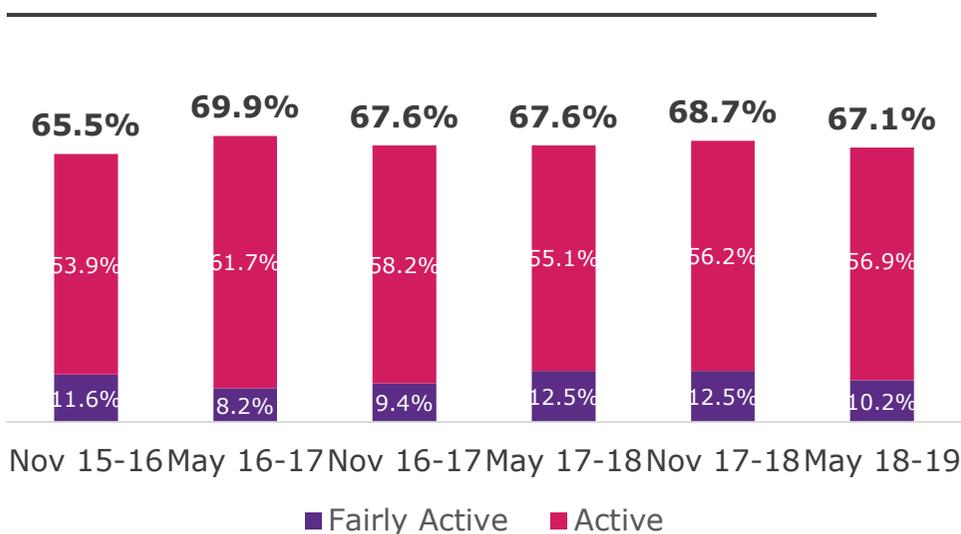
Headline Adult Active Lives Statistics

Rochdale Overview

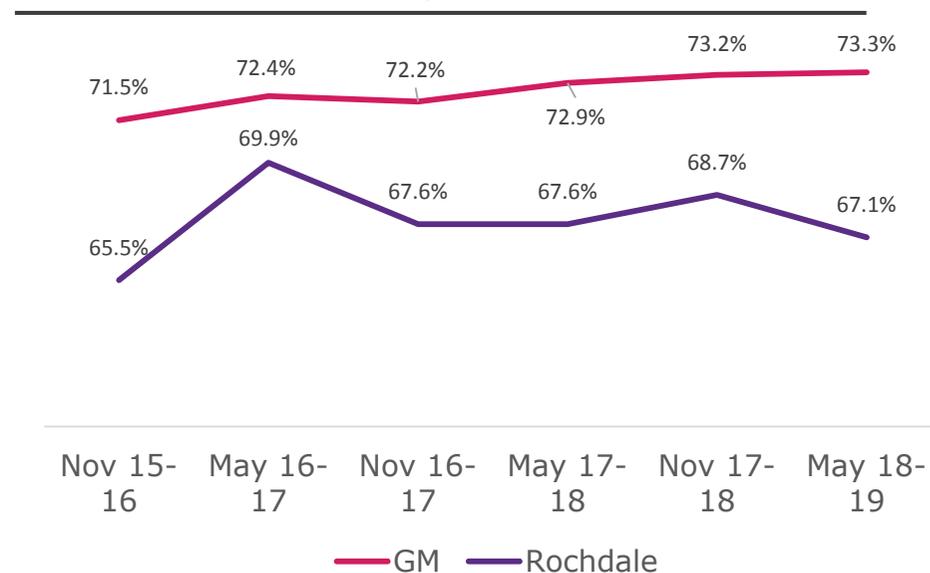


- 67.1% of adults in Rochdale are moving, at least 30 minutes a week, equivalent to 115,700 adults.
- This is an improvement since baseline (November 2015-16) of 1.6% and 4,900 adults.
- This is a decrease in the last year:
 - in the last 12 months (since May 2017-18) of 0.5% or 400 fewer adults moving
 - in the last 6 months (since November 2017-18) of 1.6%.
- Rochdale have slightly closed the difference since baseline (November 2015-16) but are still below the Greater Manchester (GM) average of 73.3%.

Rochdale % Adults Moving (Fairly Active and Active)



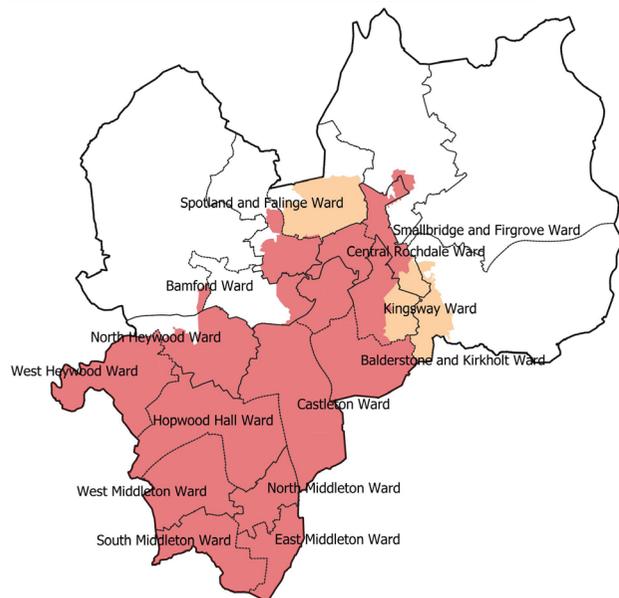
Rochdale % Adults Moving (Fairly Active and Active)



Headline Adult Active Lives Statistics

Rochdale Overview

Mapping of Inactivity Levels

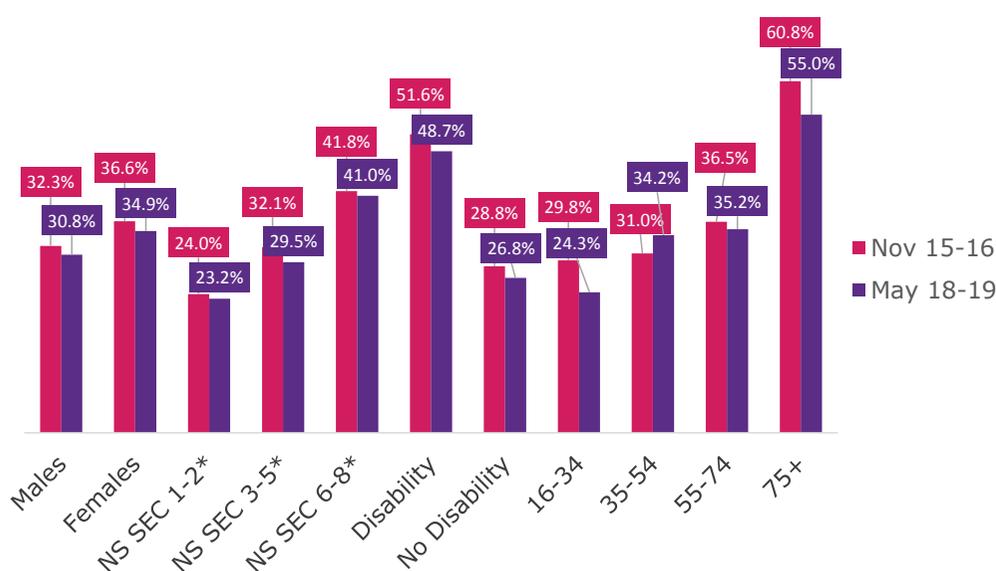


Inactivity levels range at middle super output area (MSOA) level from 20.3% in Rochdale 006 (Norden and Spotland & Falinge wards) to 36.9% in Rochdale 015 (Milkstone & Deelish ward).

Inactivity has decreased since 2015-16 for all demographics in Rochdale below, particularly 75+ years by 5.8%.

It is highest for those aged 75+, those with a disability and those from lower socio-economic backgrounds (NS SEC 6-8). It is also higher for all demographics, than the GM average.

Inactivity by Demographics in Rochdale over time



Inactivity by Demographics in Rochdale compared to GM



*Higher, Middle and Lower income categories in the National Statistics Socio-economic Classification