

School Games – Girls U13s + U15s 'Grapple Tournaments' 2019/20

Dear Teacher(s),

We would like to invite your school to attend the GM School Games - Girls U13s and U15 Grapple Tournament on Tuesday 19th November 2019 at Broughton Park RUFC (12.15- 4pm)

There will be 2 tournaments taking place one at U13 and one at U15. Led by RFU Community Rugby Coaches.

This is the third time that the RFU and Greater Sport have ran such a festival and the enjoyment by all those taking part has been evident. The aim of this is to provide the players and teachers with a positive experience of Rugby Union whilst strengthening the pathway to our local Union clubs.

By introducing conditioned contact, and by running the festival at a time of year when our clubs are open and actively recruiting, we hope that girls will be provided with a more appropriate 'rugby experience' with stronger exit routes. This is in line with the RFU's women and girls strategy.

Key highlights of the laws of the game will be:

- Teams of 8 a side
- Introduction of the tackle (a player holding another player for 3 seconds will also be rewarded by referee shouting 'tackle')
- 3 player scrum (uncontested- no pushing) this will be made up of the nearest 3 players to the infringement.
- 3 player lineout (1 thrower and 2 jumpers)
- Played across half a pitch
- No kicking

For those schools/ teachers who wish to enter, but have little/no rugby experience. We will look to arrange a series of free sessions before the tournament to help to prepare you/ the players for the games (mainly covering the key safety areas around the tackle). If you wish to arrange this please contact stephanieveal@rfu.com. Please note that this is for those schools that we are not currently working with/ have very little experience.

We strongly encouraging members of staff to be proactive in observing and assisting in the sessions/games alongside the CRCs as this is a great opportunity to pick up some tips to take back to your schools and continue development.

These events are open to your school to enter as many teams as you would like and we would encourage you to bring as many pupils on the day as possible. Please do not be put off attending if your school has little playing experience as we will match schools of similar ability and coach throughout the games.

Entries for the tournaments at both U13 and U15 should be via the GreaterSport website: <u>https://www.greatersport.co.uk/grapple-tackle-2019</u>

Kind regards Phil Clarke

Rugby Development Officer

Lancashire

07730814162

